

Second newsletter of 2024 - KASH Youth Projects Foundation

Dear reader, welcome back!



Where were we?

In our previous news letter from the end of March we told you about everything we undertook in the first quarter of the year. On the 16th of March we organised a cycling trip with duobikes for elderly people, for example. A duobike is a tandem on which two persons can sit side by side. Together with the group of seniors we cycled a total distance of 18 kilometres, while passing many pretty sights. During a short break our treasurer Bart provided the group with food and drinks at his house.

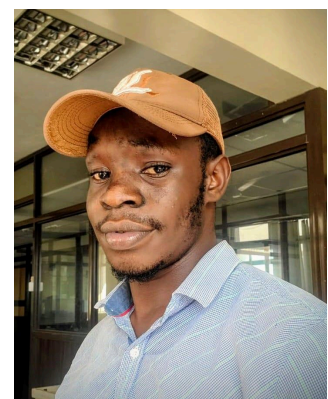
On the 30th of March we held another Easter brunch, for which we provided our guests a buffet lunch. Besides that, we informed you on how our secretary Cathy travelled to Kenya earlier this year to visit the sights where the planned projects of our visit to Kenya in 2025 will be realised. There she saw that the installation of the solar panels in the APDK clinic was completed, thanks to KASH and associates.

At the moment we are raising funds for the construction of a new roof in the rearmost dormitory of the APDK clinic. After it's completion, the entire sleeping quarters will have a new roof so the children will stay dry whenever it rains at night.

New KASH members from Kenya!

Big news: Since the 25th of July KASH has two very special new members, because they are from Kenya! Their names are **Esther Nyambura Irungu** (*top picture*) and **Felix Odhiambo Hongo** (*bottom picture*). They will be accompanying us during our work visit to Kenya in 2025. Apart from that, they will be taking part in 3 subprojects in Mombasa (for Esther as a part of her work as a scientist and for Felix as a part of his study programme). The title of this cooperation agreement for 2025-2028 is 'joint rehabilitation for shores'. It is a collaboration between KASH, the APDK clinic and the KMFRI, as well as the local government and community.

The goal of this subproject that will take place at 'Tudor Creek', is to plant a mangrove forest near Mombasa, and Esther and Felix are the representatives of KASH and the other partners. Additionally, the plastic that gets collected in the process will be reused to make useful products that can be sold and used locally. Both the local community and the staff at work and



cultural centre Bombolulu in Mombasa will play a role in this and it is part of Esther and Felix's research. Their assignment is to work out the total costs of planting the mangroves, which also combats the plastic problem by recycling plastic waste into useful products. At the same time, special solar cookers will prevent that the mangroves and plastic will be used for cooking. More information on this subproject is to be expected in the next newsletter. The third assignment is figuring out how to make school supplies out of (plastic) waste that is found on the beach.

Even though our Dutch members have to get used to the fact that most communications are now in English, we are so happy with our two new Kenyan members. We are so thankful that we now have two KASH ambassadors in Kenya and we are looking forward to meeting Esther and Felix in July 2025.

Highlighted recent activities

On the **21st of April**, KASH provided a **service in the protestant church** in Helmond, based around the theme "[inside out](#)" (video in Dutch). In this service we tried to connect people and subjects from both inside and outside the church with each other in a creative way. There was singing, live music and others told personal stories or read from the bible.

Besides that, we organised a **plant market** on the **11th of May**. It was a very sunny day on which we had a wide range of plants and upcycle products for sale: about a hundred types of plants, such as houseplants, fruit and vegetable plants and water plants. We also sold home-made products, like jam and oils, bird food and wing gongs. The plant market turned out to be another big success, with many happy customers.



After the big success of the first **duobike trip**, we decided to organise another on the **10th of June** and immediately after announcing it a good amount of people already signed up. This time we had 10 seniors and 10 volunteers who cycled together during the second edition of this bike trip. And again Bart and his wife provided the cyclists with food and drink at his house. Both the volunteers and the older guests noticeably had a lot of fun. That is why we would like to plan another duobike trip on Saturday the **12th of October**, when the weather allows us to.



On the **12th of July**, we provided the volunteers who have supported KASH with a **BBQ**, to thank them for their help. Thanks again, also to those who could not come to the BBQ!

Upcoming activities

On Saturday the **24th of August** KASH will host a **Beach Day for the elderly**. We will take them to the beautiful coastal area of Scheveningen, where they will enjoy a nice day out in the sun!

On Monday the **2nd of September**, we will host another **KASH Bingo**, which will take place in the church of Someren. There are lots of nice prizes to be won and the earnings of the bingo will go to the projects in Kenya.

Finally, on Saturday the **14th of September**, another **KASH BBQ** will take place in the church of Someren. The guests can expect good food and a nice, enjoyable evening.

That is it for now. You can find more information about our activities on our website.

KASH Jongerenprojecten
Stichting (Kvk: 90087933)

+31 (0)6 22 73 93 89

kashjongeren@gmail.com

www.kashjongerenprojecten.nl

Berkenheuveldreef 5
5709 SW Helmond

NL61 BUNQ 2090 3543 99